



2016-
2017

behavioral health *focus*

**Washington County 24 Hour Mental Health Crisis Line – Crisis Team
503-291-9111**

*Provides crisis intervention, consultation, and referrals to mental health services for Washington County residents. Mobile response when needed and available. Services provided for **ALL** adults, children and families.*

Washington County Mental Health Provider List For Children Who Are Oregon Health Plan (OHP) Health Share Eligible or Uninsured

Outpatient Mental Health Services Including: assessment, counseling, medication evaluation and management, and case management services. Services available in other languages.

Eligibility Guidelines: ♦ OHP/Health Share eligible children **OR**
♦ Have a family income 250% below the federal poverty level **AND**
♦ Have no insurance coverage **AND**
♦ Are a resident of Washington County

Services are available at the local agencies listed on the back of this page. You can also request a referral from the **Washington County Member Services Access Line at 503-291-1155.**

www.co.washington.or.us/HHS/mentalhealth

Accessing Mental Health Benefits Through Your Private Insurance

Call the member services number on your insurance card and ask about the following.

- ♦ Benefits, co-pays, types of covered mental health services
- ♦ Contact information for agencies or therapists that accept your insurance

Do you have Employee Assistance Program (EAP) benefits through your employer?
Ask in Human Resources if your EAP offers free mental health counseling.

Addressing the needs of children, youth and families in Washington County

Local Mental Health Providers For Children Who Are OHP Eligible or Uninsured

LifeWorks NW www.lifeworksnw.org

Outpatient and community based addictions and mental health services: therapy, assessments, medication management, skills training and consultation. Services for families, youth, adults.
Intake: 503-645-9010

14600 NW Cornell Rd. Portland, OR 97229

1340 East Main Street Hillsboro, OR 97123

14255 SW Brigadoon Court Beaverton, OR 97005

971 SW Walnut Street Hillsboro, OR 97123

8770 SW Scoffins Street Tigard, OR 97223

14025 SW Farmington Rd. Beaverton, OR 97005

Morrison Child & Family Services

www.morrisonkids.org

Provides outpatient mental health services: treatment, assessments, treatment planning, medication management and coordination. Services for families and children ages birth through 18. Intake: 503-258-4381

14025 SW Farmington Road, Suite 160 Beaverton, OR 97005

Sequoia Mental Health Services

www.sequoiamhs.org

Provides outpatient mental health services: treatment, assessments, treatment planning, medication management and coordination. Services for families, children and adults.

4585 SW 185th Ave., Aloha, OR 97007 503-591-9280

395 W. Main St., Hillsboro, OR 97123 503-213-1302

Lutheran Community Services www.lcsnw.org

Provides outpatient mental health for adults and youth as well as culturally specific individual, family and group counseling for immigrants and refugees. They provide bilingual and cultural clinicians, two medication providers, and bilingual and bicultural intake and reception staff. They also have an Immigration Counseling and Advocacy Program (ICAP). Intake: 503-924-2448

3800 SW Cedar Hills Blvd., #288 Beaverton, OR 97005

Options Counseling and Family Services

www.options.org

Provides outpatient and community based individual and group therapy for children, adolescents, adults and families with medication management. Intake: 503-335-5975

8285 SW Nimbus Ave. #148 Beaverton, OR 97008

Western Psychological & Counseling Services

www.westernpsych.com

Provides a wide-range of outpatient mental health and addictions services including assessment, therapy and medication management. Services for families, youth, and adults.

9670 SW Beaverton Hillsdale Hwy Beaverton, OR 97005
503-626-9494

9700 SW Beaverton Hillsdale Hwy Beaverton, OR 97005
503-626-9494

1815 SW Marlow Ave. Suite 218 Portland, OR 97225
503-444-4862

21210 NW Mauzey Rd. Hillsboro, OR 97124
503-439-9531

7455 SW Beveland Street Tigard, OR 97223-8610
503-624-2600

1500 NW Bethany Blvd. Suite 320 Beaverton, OR 97006
503-567-3264

18765 SW Boones Ferry Rd Suite 100 Tualatin, OR 97062
503-612-1000



School Based Health Centers

Forest Grove High School Health Center

Provides health and mental health services for students and staff in the Forest Grove, Gaston, and Banks School Districts. Phone: 503-359-4057

Tigard High School Health Center

Provides health and mental health services for students in the Tigard-Tualatin School District. Phone: 503-431-5775

Tualatin High School Health Center

Provides health and mental health services for students in the Tigard-Tualatin and Sherwood School Districts. Phone: 503-431-5975

Beaverton High School Health Center

Provides health and mental health services for students in the Beaverton School District. Phone: 503-259-5045

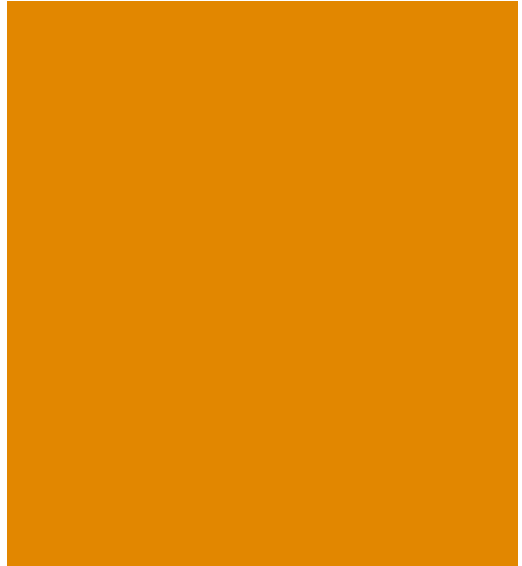
Merlo Station High School Health Center

Provides health and mental health services to students attending Merlo Station High School. Phone: 503-591-4220

Century High School Health Center

Provides health and mental health services for students and staff in the Hillsboro School District. Phone: 503-844-2840





Washington County Community Resource List

Information and Referral – 211

www.211info.org

Comprehensive information and referral to social services for individuals via the telephone.

Call: 211 Text: your zip code to 898211
help@211info.org

National Suicide Prevention Lifeline

www.suicidepreventionlifeline.org

800-273-TALK (8255)
888-628-9454 Spanish 800-799-4889 TTY

Alcohol and Drug Hotlines

www.linesforlife.org

For individuals or families seeking information or treatment referrals.

800-923-4357 Alcohol and Substance Help Line
877-968-8491 M-F 4pm to 9 pm Youth Hotline

Child Abuse Hotline - DHS/Child Welfare

503-681-6917

Suicide Bereavement Support

Support groups for survivors of suicide loss.

www.sbsnw.org

Suicide and Mental Health Trainings

To register for trainings in the tri-county area.

www.gettrainedtohelp.com

National Alliance for Mentally Ill (NAMI)

www.namiwash.org

Advocacy and education. Support groups, classes and information and referral.

18680 SW Shaw Street Aloha, OR 97007
503-356-6835

Community Action

www.caowash.org

Emergency services for homeless and those in need of utility or rent support. Head Start and childcare resource and referral services.

1001 SW Baseline Street Hillsboro, OR 97123
503-648-6646

Domestic Violence Resource Center, Inc (DVRC)

www.dvrc-or.org

Counseling and resources for survivors of domestic violence and their children.

503-469-8620 or 800-469-8600 Crisis Line
503-640-5352 Counseling Intake

Sliding Scale Providers

Pacific University Psychology Clinic

222 SE 8th Avenue, Suite 212 Hillsboro, OR 97123
503-352-7333 Sliding scale.

Lewis and Clark Community Counseling Center

4445 SW Barbur Blvd. Portland, OR 97239
503-768-6320 Intake appointments are a \$15 flat fee and ongoing services range from \$10-\$50. Limited services in Spanish.

George Fox University

Individual and Family Matters Counseling Clinic

individualandfamilymatters@gmail.com

12570 SW 68th Ave. Portland, OR 97223
503-554-6060



Washington County Community Resource List Continued

Early Childhood Family Resource Managers

Supporting families prenatally and families with young children up to third grade: Providing one-on-one parenting support; early learning and school readiness resources, referrals and support/ and assistance in accessing resources related to basic needs, and dental, physical and mental health services.

Banks, Gaston and Forest Grove:
503-359-2598

Beaverton:
503-227-0484 or 503-601-9373

Hillsboro:
503-844-1688

Sherwood:
503-825-5486

Tigard-Tualatin:
503-603-1582

To Apply for the Oregon Health Plan

Online:

www.oregonhealthcare.gov

Call: 800-699-9075

Hillsboro Family Resource Center

www.youthcontact.org

Resource information and referral, food pantry and large clothes closet.

451 SE Walnut St, Hillsboro, OR 97123

Hillsboro, OR 97124

503-844-1688

Tigard/Tualatin Family Resource Center

Provides information and referral, clothing, parenting and English classes, employment assistance and hygiene supplies.

Portable #716

9000 SW Durham Road

Tigard, OR 97224

503-603-1585

SHARE Center Sherwood Family Resource Center

Resource information and referral, parenting classes.

Sherwood Middle School Campus

Portable 46

21970 SW Sherwood Blvd.

Sherwood, OR 97140

503-824-5480

Washington County Chemical Dependency Services

LifeWorks NW www.lifeworksnw.org

Outpatient and community based addictions services through assessment, consultation and therapy for youth, adults and families.

Intake: 503-645-9010

14600 NW Cornell Rd. Portland, OR 97229

971 SW Walnut Street Hillsboro, OR 97123

8770 SW Scoffins Street Tigard, OR 97223

DePaul Treatment Centers

www.DePaulTreatmentCenters.org

Detox, Residential, Intensive and Standard Outpatient addictions and mental health services.

Includes DUII Services, Family Therapy, Peer Mentors, DBT, CBT and other skill building and evidence based strategies. All services available for Youth 13-18 (except detox) and Adults.

Intake: 503-535-1151

205 SE 3rd Avenue, Ste 100, Hillsboro, OR – Adult & Youth Outpatient Only

4310 NE Killingsworth, Portland, OR 97218 – Youth Only Services

Youth Contact www.youthcontact.org

Chemical dependency treatment for children and youth under the age of 18 with substance abuse issues. Services include prevention, intervention, and treatment ranging from school-based support and activities to outpatient counseling, intensive outpatient counseling, and follow-up and aftercare. We consider the family to be partners in the youth's counseling and engage them in the process whenever possible.

Intake: 503-640-4222

447 SE Baseline Hillsboro, OR 97123

4800 SW Griffith Drive, Ste. 135 Beaverton, OR 97005

